



HEALTHYHOMES

Healthy Families | Healthy Children

HUD Office of Healthy Homes and Lead Hazard Control Program Overview and Update

**Jonnette Simmons Healthy Homes Representative
HUD Office of Healthy Homes and Lead Hazard
Control**

Office of Healthy Homes & Lead Hazard Control

- ▶ Director – Jon Gant
- ▶ Deputy Director – Matthew Ammon
 - Programs Grant Management Division
 - Regional Management & Technical Services Division
 - Lead Programs Enforcement Division
 - Policy & Standards Division
- ▶ Established in 1991 by Congress to Eliminate Lead-Based Paint Hazards in America's Privately-Owned and Low-Income Housing
- ▶ Healthy Homes preliminary plan developed in 2001



Office of Healthy Homes & Lead Hazard Control

- ▶ Provides grants to state and local governments to make housing lead safe
 - Public Housing is not eligible
 - Privately owned Section 8 housing voucher assisted property is eligible
- ▶ Enforces HUD's lead based paint regulations
- ▶ Provides healthy homes demonstration grants
- ▶ Provides Public Outreach and Education
- ▶ Funds technical studies related to lead based paint and other environmental health hazards related to housing



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HUD Healthy Homes Initiative

- ▶ **Mission** – “To reduce health & safety hazards in housing in a comprehensive and cost effective manner, with a particular focus on protecting the health of children and other sensitive populations in low income households”
- ▶ **Background**
 - President Clinton’s Executive Order 13045 – “Children’s Environmental Health Risks and Safety” (1999)
 - “Healthy Homes Initiative Preliminary Plan” (1999)
 - 2008 National Healthy Homes Conference
 - 2009 HUD Healthy Homes Strategic Plan
 - 2009 Surgeon General’s Office Call to Action



Focus of Healthy Homes Initiative

- ▶ Lead Based Paint Hazards
- ▶ Mold & Moisture
- ▶ Asbestos
- ▶ Allergens related to dust, roaches & vermin
- ▶ Carbon Monoxide
- ▶ Radon Gas
- ▶ Use of Indoor & Outdoor Pesticides
- ▶ Volatile Organic Compounds from Cleaning Products
- ▶ Second Hand Smoke
- ▶ Safety within the Home



Healthy Homes Principles

- 1. Keep it Dry:** Prevent water from entering your home through leaks in roofing systems, rain water from entering the home due to poor drainage, and check your interior plumbing for any leaking.
- 2. Keep it Clean:** Control the source of dust and contaminants, creating smooth and cleanable surfaces, reducing clutter, and using effective wet-cleaning methods.
- 3. Keep it Safe:** Store poisons out of the reach of children and properly label. Secure loose rugs and keep children's play areas free from hard or sharp surfaces. Install smoke and carbon monoxide detectors and keep fire extinguishers on hand.
- 4. Keep it Well-Ventilated** Ventilate bathrooms and kitchens and use whole house ventilation for supplying fresh air to reduce the concentration of contaminants in the home.



Healthy Homes Principles (con't)

- 5. Keep it Pest-free** All pests look for food, water and shelter. Seal cracks and openings throughout the home; store food in pest-resistant containers. If needed, use sticky-traps and baits in closed containers, along with least toxic pesticides such as boric acid powder.
- 6. Keep it Contaminant-free** Reduce lead-related hazards in pre-1978 homes by fixing deteriorated paint, and keeping floors and window areas clean using a wet-cleaning approach. Test your home for radon, a naturally occurring dangerous gas that enters homes through soil, crawlspaces, and foundation cracks. Install a radon removal system if levels above the EPA action-level are detected.
- 7. Keep it Well-Maintained** Inspect, clean and repair your home routinely. Take care of minor repairs and problems before they become large repairs and problems.



HUD Healthy Homes Strategic Plan

Four Strategic Goals:

- ▶ Build a National Framework of Partnerships
- ▶ Create Healthy Housing Through Key Research
- ▶ Mainstream Healthy Housing Principles
- ▶ Enable Communities to Create and Sustain Healthy Homes Programs Through
 - Green & sustainable building practices
 - Building & housing maintenance codes
 - Education on healthy homes construction, renovation & maintenance practices



Build a National Framework

- ▶ Develop new federal partners
- ▶ Create a structure for improved coordination among federal partners/programs
- ▶ Identify/develop key private sector partnerships
- ▶ Foster exchange of information/best practices at national/regional meetings



What is SHHIP?

The Safe and Healthy Homes Investment Partnership (SHHIP)

- is a federal certification that recognizes local governments and their non-profit partners that are working together to provide citizen centered building based interventions.
- SHHIP criteria currently in development stages

SHHIP is based on best practices pioneered by :

- ▶ HUD Healthy Homes Demonstration Grantees
- ▶ The Green and Healthy Homes Initiative
- ▶ The CT Efficiency Healthy Homes Initiative
- ▶ the One Touch Healthy Homes Intervention Program



Mainstream Healthy Housing Principles

- ▶ Facilitate adoption of moisture-resistance construction and rehab methods
- ▶ Facilitate adoption of Integrated pest management and smoke-free multifamily housing
- ▶ Promote combined weatherization/healthy homes interventions
- ▶ Promote enforcement of existing housing codes and develop new/improved codes

Enable Communities to Create and Sustain Healthy Homes Programs

- ▶ Support and develop effective training (i.e., health and housing professionals)
- ▶ Identify and facilitate dissemination of best practices
- ▶ Enhance the ability of lead hazard control programs to address Healthy Homes issues
- ▶ Develop and implement a national Healthy Homes marketing plan
- ▶ HUD OHHLHC Grants

<http://www.hud.gov/offices/lead/grantprograms.cfm>



HUD PIH July 17, 2009 Notice – Non-Smoking Policies in Public Housing

- ▶ Purpose: Strongly encourages PHA's to implement non-smoking policies in Public Housing
- ▶ Policy Discretion: Implementing non-smoking policy at discretion of PHA, subject to state and local law
- ▶ Goal: To reduce health risks to residents, especially children and older adults, from second hand smoke
- ▶ Action to Date: 102+ PHA's and housing commissions have implemented non-smoking policies

www.tcsg.org/sfelp/home.htm



HUD PIH July 17, 2009 Notice – Non-Smoking Policies in Public Housing

- ▶ Smoking is the leading cause of fires in multifamily housing
- ▶ Other benefits include reduction in maintenance costs when apartments are vacated by smokers (cited Sanford Housing Authority case study)
- ▶ Smoking Cessation National Support
 - PHAs should provide residents with local smoking cessation resources and programs (800-QUIT NOW, etc.)
 - PHAs should support smoking cessation programs for residents, adapting efforts as needed to local conditions



HUD PIH July 17, 2009 Notice – Non-Smoking Policies in Public Housing

- ▶ PHA Plans – must be updated including statement of O&M, rules and applicable standards when implementing non-smoking policy
 - Revise lease agreements to include non-smoking provisions
 - Ensure consistent application to all projects and buildings
- ▶ Other actions to achieve good Indoor Air Quality
 - Installing direct vent combustion equipment
 - Provide for optimal, controlled, filtered ventilation and air sealing between living areas and garage or mechanical areas
 - Use low or no VOC containing paints and other materials



Pest Management

- ▶ Integrated Pest Management
 - A systems approach to managing pests and vermin
 - Educate residents
 - Reduced use of toxic pesticides and follow instructions
 - Identify and eliminate access points into the property, hiding places, and clutter
 - Remove access to water and food
 - Treat identified problems only
 - Keep records of locations where pests are found
 - Take action quickly when reports of problems are provided



Integrated Pest Management Training Programs

- ▶ National Center for Healthy Housing

<http://www.healthyhomestraining.org/IPM/training.htm>

- ▶ The New England Asthma Regional Council

<http://www.asthmaregionalcouncil.org/about/IPM.html>



HUD Actions to Mainstream Healthy Homes Principles

- ▶ Promote integration of Healthy Homes principles into existing rehab and other Departmental housing programs;
- ▶ Promote smoke-free public housing;
- ▶ Expand integrated pest management practices in public and multifamily housing;
- ▶ Promote inclusion of health outcomes in housing policy and energy efficiency programs.



Healthy Homes Training Center

- ▶ Funded by HUD through CDC
- ▶ Managed by the National Center for Healthy Housing
- ▶ Series on Transitioning to Healthy Homes:
www.healthyhomestraining.org/transitions
- ▶ Programs Highlighted: NYC, Baltimore, Houston, Alameda, Marion Co., Ohio
- ▶ Audio file on lessons learned



Healthy Homes Training Center

▶ Current Courses

- Essentials for Healthy Homes Practitioners
- Launching a Healthy Homes Initiative
- Building Healthy Homes
- Pediatric Environmental Home Assessment

▶ Piloted Courses

- Code Inspections for Healthy Homes
- Lead Safe & Healthy Homes Work Practices
- Coastal Healthy Homes Improvement
- Flood Clean-up for Healthy Homes



Healthy Homes and Lead Hazard Control

Help as we lead
our Nation to
Healthier Homes.
The Office of
Healthy Homes
Strategic Plan.

LEARN MORE

The Healthy Homes Strategic Plan



HUD Photo

Overview

The Office of Healthy Homes and Lead Hazard Control (OHHLHC) is unique among federal agencies. The OHHLHC was established to eliminate lead-based paint hazards in America's privately-owned and low-income housing and to lead the nation in addressing other housing-related health hazards that threaten vulnerable residents.

As one means of addressing substandard housing, the OHHLHC provides funds to state and local governments to develop cost-effective ways to reduce lead-based paint hazards. In addition, the office enforces HUD's lead-based paint regulations, provides public outreach and technical assistance, and conducts technical studies to help protect children and their families from health and safety hazards in the home.

I Want to

In Focus

Healthy Homes Resources

- Making Homes Healthier for Families:
<http://www.hud.gov/offices/lead/healthyhomes/index.cfm>
- About Mold and Moisture:
<http://www.hud.gov/offices/lead/healthyhomes/mold.cfm>
- CDC's Healthy Homes Web Site:
<http://www.cdc.gov/healthyhomes/>
- USDA's Healthy Homes Initiative:
http://www.csrees.usda.gov/nea/family/in_focus/housing_if_healthyhomes.html
- National Center for Healthy Housing:
<http://www.nchh.org/Home.aspx>

Thank you!

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